

# PYNKS

## Meeting Guidelines

**PYNKS** is a group for women and men under the care of the Perth Breast Cancer Institute living with Metastatic Breast Cancer.

### Confidentiality

Respect our need as a group to maintain confidentiality and privacy.

Everyone's cancer journey is different and to maintain privacy about who knows about their cancer and who they choose to tell is a respect that must be honoured for the individual.

### Respect

Everyone has a right to express an opinion or have their view-point heard. Positive statements & stories are encouraged. The aim of our group is to keep as positive and inspiring as possible.

We encourage you to use our sessions to inspire, educate and to live in the moment.

### Acceptance

To accept each other in an open and honest way.

### Non-Judgemental

Another person's advice may not suit individual needs.

### Speak for Yourself

Using "I" statements when speaking of your experiences.

### Sharing Responsibility

The success of this group is up to you!