



## **BCRC-WA Clinical Psychology Service at the Perth Breast Cancer Institute**

### **How to access your free clinical psychology sessions**

**The BCRC-WA Clinical Psychology Service is offered at no cost for the support of patients undergoing care at PBCI and their families. The referral process involves:**

#### **1. INITIAL ENQUIRY**

Please discuss your referral request with your breast care nurse or PBCI consultant.

#### **2. GP REFERRAL**

To provide comprehensive and coordinated care, we prefer that you see your general practitioner (GP) for a referral to **BCRC-WA Clinical Psychology**, under the Medicare **Better Access to Mental Health Scheme**.

1. Please book a long (double) appointment with your GP.
2. Your GP will assess your suitability for a mental health care plan (MHCP).
3. If appropriate, your GP will provide a referral letter to the Clinical Psychologist at BCRC-WA to access an initial 6 sessions under the Better Access Scheme. Please ask your GP to send via: Healthlink, fax or email (details below).
4. After 6 sessions are completed, an additional 4 sessions can be approved if required. We can bulk-bill up to 20 sessions per calendar year. We will keep your GP informed of your care.

#### **3. BOOKING**

Appointment bookings can be arranged by phone or email.

If you have any concerns or questions about your referral, our Clinical Psychologist will be happy to discuss the service with you. Contact details below.

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