

PYNKS

A group for women living with Metastatic Breast Cancer



PYNKS Meeting Guidelines

A support and information sharing group for women living with Metastatic Breast Cancer.

Confidentiality

Respect our need as a group to maintain confidentiality and privacy. Everyone's cancer journey is different and to maintain privacy about who knows about their cancer and who they choose to tell is a respect that must be honoured for the individual.

Respect

Everyone has a right to express an opinion or have their viewpoint heard.

Positive statements & stories are encouraged

The aim of our group is to keep as positive and inspiring as possible. We encourage you to use our sessions to inspire, educate and to live in the moment.

Acceptance

To accept each other in an open and honest way.

Non-judgemental

Another person's advice may not suit individual needs.

Speak for yourself

Using "I" statements when speaking of your experiences.

Sharing responsibility

The success of this group is up to you. Our PYNKS group is open to all women and men with secondary cancer, whether they receive treatment with members of BCRC-WA or not.

If you know of others who have secondary breast cancer, please encourage them to join our PYNKS group by phoning 6500 5501.